

SUPPORT AND CARE IN YOUR OWN HOME



T: 01242 308510

Expeditions Living Pvt Ltd Philosophy of Care

All people supported by and who work at the Agency and all people who visit will be treated with respect at all times. We aim to offer skilled care to enable people supported by us to achieve their optimum state of health and well-being. We uphold the human and citizenship rights of all Individual Customer colleagues and all who work and visit here. Individual choice and personal decision-making are the right of all Individual Customer colleagues and will be supported by all the people who work here. The right of independence will be respected and encouraged for all Individual Customer colleagues. The individual uniqueness of Individual Customer colleagues, staff and visitors will be recognised and these people will be treated with dignity and respect at all times. *The individual requirement for privacy will be respected at all times and all information relating to individuals will be treated in a confidential manner. We recognise the individual need for personal fulfilment and aim to offer individualised programmes of meaningful activity to satisfy the needs of Individual Customer colleagues and staff.

We are the best in the field.



A commitment to valuing people and promoting independence.

Our vision is to work with other stakeholders to ensure we achieve individual aspirations.



Expeditions thrives in promoting independence. Our dedicated, professional staff are some of the best in the industry. Fully trained to the highest standard, they provide an honest, robust and effective service.

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Our committed staff are at the core of our service delivery, committed, passionate and leading the Expeditions way.

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Adapted Accommodation



We will help individuals in their own homes, in need of accommodation through our various network . These properties can be adapted to suit individual needs.



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Our aims & objectives and philosophy of care:

We aim to offer skilled care to enable people to achieve their optimum state of health and wellbeing.

- All people who receive services from Expeditions Living and all people who visit the Service User will be treated with respect at all times.
- We uphold the human and citizenship rights of all people for whom we provide care and support.
- Individual choice and personal decision-making are the right of all Service Users and these rights will be supported by all the people who work for Expeditions Living
- The right of independence will be respected and encouraged for all Service Users.
- The individual uniqueness of Service Users will be recognised and all people will be treated with dignity and respect at all times.
- The individual's requirement for privacy will be respected at all times and all information relating to individuals will be treated in a confidential manner.
- We recognise the individual's need for personal fulfillment and aim to support Service Users to participate in their choice of individualised programmes of meaningful activity to satisfy their needs.



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Expeditions Living offers the following support;

- **Access to local community organisations**
- **Advice and assistance to get employment/voluntary work**
- **Cleaning and cooking or general domestic tasks**
- **Developing domestic/ life skills**
- **Developing social skills/ behaviour management**
- **Emotional support, counselling and advice**
- **Help finding suitable accommodation**
- **Help in establishing personal safety and security**
- **Help in establishing social contacts and activities**
- **Help in gaining access to other services**
- **Help in managing finances and benefit claims**
- **Help in setting up and maintaining home or tenancy**
- **Help maintaining the safety and security of the dwelling**
- **Help with Shopping, Errand Running and Good Neighbour tasks**
- **Provision of community or social skills**
- **Risk assessment job placement search**
- **Supervising or monitoring medication**
- **Supervision and monitoring of health and well being**
- **Personal care and support**
- **Help with sleep-in and waking night staff**



Our Supported Living service provides excellent opportunities.

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Expeditions

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